

## *Am I Rested in the Lord?*



Having heard from many of my friends that they always had their prayers answered whenever they prayed to the image of ‘**Sleeping St. Joseph**’, I went on Amazon, shopped the statue of ‘*Sleeping St. Joseph*’, placed it very reverently in my room and also scribbled a few intentions of mine underneath the statue.

Now, whenever I would enter my room and look at St. Joseph so contently and peacefully sleeping, a powerful reminder of his peaceful surrender to God’s plan for his life, it would convict me and ask, “*Rekha, are you rested in the Lord?*”

During breakfast, one day, the wife of Martin Luther wore black. Martin Luther asked her why she was wearing black. She said, “*Somebody has died.*” Martin Luther asked, “*Who has died?*” She replied, “***YOUR GOD! You act and behave as though it’s all depending upon you and GOD IS DEAD!***” Martin Luther felt convicted because he knew what his wife meant.

Friends, ‘**God is God and we are not God**’. Many of us behave as though God is dead. That’s why we are always anxious, nervous, resentful and we like to be in control. I too have been one of those, who are more inclined to row the sailboat of their life **using their hands to pedal the water, instead of hoisting the sail and using the power of the wind**; trying to drive my life in my own strength, instead of relaxing and allowing the Holy Spirit to take control.

I heard the testimony of a 10-years old boy who was home-educated. His mother educated him at home and when it came to doing the assignments and when it was hard, he would literally slam his head and yell, “*Mom, I can’t do it! It’s terribly hard!*” But, this year, something happened after prayer and fasting. He would slam his head, react and then he would leave the table, go to his private room and then come back with a bright smile and he would start writing. **No more struggle!** His mother finally asked him, “*Johny, what do you do when you go to the room?*” he replied, “*Mom, when I am frustrated, I go to the room and I pray. I ask God to help me, to control me.*” Little johny has learnt the secret of walking in the Spirit moment by moment. This is ‘**3-minutes interruption of the Holy Spirit.**’

Whenever we are tempted to react to any problem, tempted to yield to our addiction to internet, shopping, or temper outbursts, if we allow this ‘*3-minutes interruption of the Holy Spirit*’, by being quiet, going to a private room and being honest with God, saying, “***Lord, I am tempted to be angry. Will you please take over?***”, I am sure our lives will never be the same.

There are times when we don’t understand why things happen the way they do. But, during those moments, let’s cry to the Lord, “***Lord, I don’t understand, but I trust that ‘no matter what is happening, it has your approval!’***”

Just yesterday I was listening to the interview of the US ambassador. He was sharing about the training that he went through. He said that he was taught, “**You do not represent yourself. You do not represent your business. You represent the US. You must ONLY speak what the US President wants you to say. Therefore, you must behave properly.**” He said, “*Prior to being the ambassador, I was a businessman who loved to make bargains. But now, I can no longer do that. I am the ambassador. I need to represent my country properly.*”

2 Corinthians 5:20 says, “**We are therefore ambassadors of Christ**”. As we prepare for the **Feast of the Pentecost**, let’s pray that we relax and allow the Holy Spirit to take control over our lives, so that we represent not ourselves, but the Kingdom of Christ. ***An Anointed PENTECOST to all!***

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